



COVID 19 PREVENTIVE MEASURES AS PART OF AAVA'S OPERATION AFTER MAY 11th, 2020

The health of our employees is the highest priority of AAVA's Board. The following guidelines are based on a reciprocal trust. All AAVA's members must be disciplined, as well as respecting and enforcing these rules.

The president of the association is in charge of the implementation of measures related to COVID. He grants the enforcement of the rules to the flight instructor in charge of the daily routine, in order to uphold procedures. This includes prohibiting flights for any member who doesn't respect the rules.

Small REMINDER about the elementary barrier measures:

The following gestures must be respected, in order to limit the transmission

- Sneezing or coughing in a tissue or in your elbow.
- Using disposable tissues.
- Handshakes and hugs are FORBIDDEN.
- Avoiding touching your eyes, your nose or your mouth.
- Respecting a distance of 1 meter with people of your environment.
- Regularly washing your hands.
- No groups with more than 10 persons in one place.
- Wearing a mask.

Posters reminding COVID-related guidelines (hand washing and wearing a mask) are displayed. You will be able to see them upon your arrival.

According to the financial cost for the AAVA regarding the implementation of these measures, an additional fee of 4€ per day of flight will be asked to you.

Once read, the measures will sound, with no doubts, very constraining. Their strict application is the only condition SINE QUA NON to restart our activity. Keep in mind that this operation, even though it is degraded, is preferable to cancel all flights.

Once the activity will restart, I hope we will be able to progressively alleviate all these constraints.

More than ever, be respectful to our government's rules and act civically.

Noel Faucheux

Président AAVA



GUIDELINES TO BE RESPECTED BY ALL MEMBERS OF THE AAVA (ON THE GROUND AND IN-FLIGHT)

General guidelines

Upon May 11th and until further notice:

- The access to AAVA's facilities is limited to the members who want to flight.
- The following activities are suspended: basic training, cross-country training, simulator, theoretical training, flight information and discovery flights, double seater flights on AAVA's machines (excepting if both persons share the same confinement),
- Double seater flights will only be done with an instructor, for proficiency tests.
- Flights on double seater gliders, with only one person aboard, are possible (the second seat will not be charged).
- COVID-related barrier measures will be strictly respected.

Each member will come with his own mask, which will be required to wear as soon as he or she arrived in AAVA's facilities. The mask can only be withdrawn in single seater flights.

Each member will come with a small flask of hydroalcoholic lotion in order to regularly wash his hands. If not, we will make soap available.

The AAVA could eventually provide a spare mask, which you will have to pay for. However, this will not be systematical.

The possibility to fly (private glider or not) will be conditional on a prior enrollment on Click and Glide, no later than the day before, in such a way that the person in charge of the flights organizes the activity.

Upon his arrival, and every day of flight, each member of the AAVA will provide to the person in charge of the flights a self-evaluation COVID diagnostic, under his own responsibility and according to the example available in Appendix 1.

Gliding activity guidelines

- The daily briefing will be held outside or in a hangar with open doors at 10:30, while respecting a distance of 1 meter between each participant. The participation is mandatory (club as well as private) to be able to fly. Wearing a mask is also required. In order to deal with the management of the flights, flight planning must be subject to an enrollment on Click and Glide, no later than the day before (for club and private flights). If not, the pilot will be prohibited to take off.
- The release, the preparation and the displacement of gliders in our hangars will be held by teams and while wearing a mask (3 pilots per team). The person in charge of the daily flights will organized the teams and will define the output scheme once the briefing is done. Once each step is done, it will be required to wash your hands or to use a hydroalcoholic lotion.
- Each pilot who uses a glider will, under his responsibility, clean with an antiseptic wipe: the handle system of the canopy, the control system, the dashboard and the instrument panel, the microphone (he or she will place a plastic wrap or a clean windscreen above it), the battery, parachute buckles before and after his flight.
- Gliders will be allocated for the entire day. There will be no sharing of machines between pilots, excepting for specific flights with an instructor. In the case of a flight with instructor, the seat will be systematically cleaned with a wipe.



ASSOCIATION AERONAUTIQUE VERDON ALPILLES A.A.V.A.

Ecole de Vol à Voile

Entraînement à la Performance et à la Compétition

- When flying alone, wearing a mask is not mandatory. It could be removed during the flight (cockpit closed) and put back before opening the canopy at the end of the flight.
- In double seater flights, the student and the instructor will wear a mask. The length of the flight will be adapted accordingly. During the flights, ventilation scoops must be prioritized.
- Double seater flights (excluding instruction flights) will be possible only if both pilots share the same household. For private gliders, the responsibility is held to the owner.
- The range while in flight, specifically for the gliders under the responsibility of the AAVA, will be reminded every day during the briefing.
- The simulator is closed until further notice.

Towing activity guidelines

- The handling of tug planes will be done with masks, such as for the gliders and while respecting the same measures.
- The number of tug planes will be limited to what is necessary, under the responsibility of the person in charge of the daily flights.
- Each pilot of tug plane will use his personal helmet and will clean it when entering in.
- Any change of pilot during the same day will be subject to a disinfection of the cockpit and the instrument panel, under the responsibility of the new pilot.

The safety is the first parameter. Mandatory in any circumstances. See poster in Appendix 3.

Runway guidelines

- Only the person in charge of the flight will have access to the starter truck. The radio and the desk will be disinfected at the beginning and at the end of the activity. The flight board will be held by the person in charge of the daily flights, or by a person designated who will take care of it for the entire day.
- The tow cable will be hooked to the plane by the tow pilot at the beginning of the flights, and it will not be unhooked during the whole activity.
- As far as possible, gliders will be aligned at once, in order to minimize movement of the runway. The hanging of the tow cables will be done by the pilots who are waiting on the runway and wearing a mask. Moving the gliders with the use of the golf cart will be done while wearing a mask. The wheel of the cart will be cleaned at every change of driver.
- The necessary products to wash your hands will be available on the runway.

Club House operations

- Every morning, before the briefing, we will proceed to a cleaning of the ground floor.
- First floor is exclusively reserved for instructors.
- The use of collective dishware and cooking material (fridge, gas cooker, microwave) is suspended.
- Meals are only possible on the terrace, with a maximum of two per table.
- Wipes, soap, sanitizer and paper towels are available in the kitchen.



Mechanical workshop operations

- Without derogation from someone of the Board or from the workshop manager, any presence in the workshop is forbidden. Social distancing rules are also mandatory.
- Any intervention on a machine (club or private) which needs an access to the workshop is subject to the agreement of the person in charge of the workshop.

Office operations

- Our office is open from Tuesday to Saturday, 9:00am to 12:30pm, and closed during the afternoon until further notice.
- The reception of people will be done one by one and other people waiting outside.
- In order to minimize manipulations, we will ask you to use Smart Glide or a wire transfer for all financial transactions.
- Any manipulation of a non-personal pen, or the debit card terminal, will be done after a disinfection under the responsibility of the office manager.

Lodging and welcome area operations

- On the welcome area, social distancing rules are mandatory.
- Only the washing machines and the restrooms on the adjacent half-block are open on the west side. East side is closed.
- The sanitary facilities will be cleaned once a day. However, each user must be able to disinfect every part of the sanitary he has been in contact with. Everyone is responsible and must strictly comply with this rule.
- Regarding the bedrooms, a sanitization will be done by the person in charge of the cleaning, every time there is a change of resident.



Annexe 1

APPENDIX 1

SELF-EVALUATION COVID 19 DIAGNOSIS

• **Fever**

In the past 8 days, have you had a fever or the feeling to have one? (even though it hasn't been measured)? Yes / no

• **Cough**

Are you experiencing an unusual cough for several days? Yes / no

• **Soreness**

Are you experiencing soreness, excluding explainable reasons such as gardening, apartment bike, strong physical effort...? Yes / no

• **Headache**

In the past 2 days, have you had any headache which required the use of paracetamol? Yes / no

• **Sore throat (dysphagia)**

Have you had, in the past days, a sore throat with struggle to swallow, or a feeling of burn in your throat? Yes / no

• **Anosmia / Agusia**

Have you had the feeling to not feel or taste your food like before? Yes / no

• **Diarrhoea**

Have you experience an episode of diarrhoea in the past few days? Yes / no

• **Shortness of breath**

Have you had the feeling, on an equivalent effort, to be more breathless, while having troubles to catch your breath? Yes / no

If you answer « yes » to one or more questions, stay home and contact your general practitioner.

NAME:

FIRST NAME:

DATE:

SIGNATURE:

APPENDIX 2

CORONAVIRUS,
EFFICIENTLY WEAR A MASK IN ORDER TO BE PROTECTED

1 Wash your hands with soap and water, or with a hydroalcoholic lotion.

2 Recognize the top of the mask (nose clip, if existing).

3 Put the rubber band behind your head.

4 Check that the mask covers your chin.

5 Adjust the mask by pinching the nose clip (if one).

6 Test the tightness:

Cover the mask with your hands and breath ;

The mask has to stay on the face.

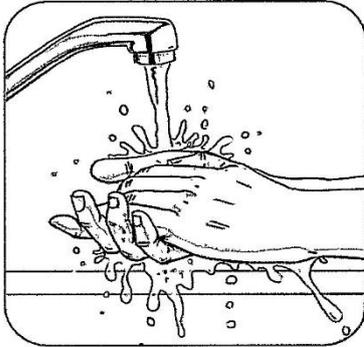
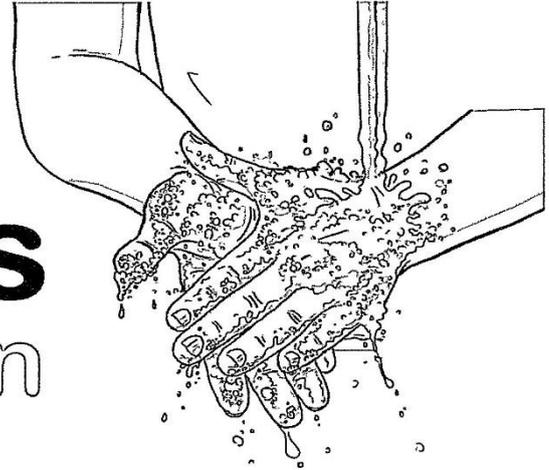
7 After using, withdraw your mask and dump it.

Do not touch the part of the mask who was covering your faces.

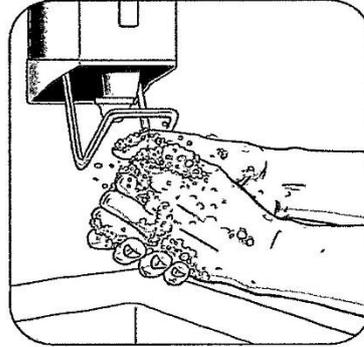
8 Wash your hands



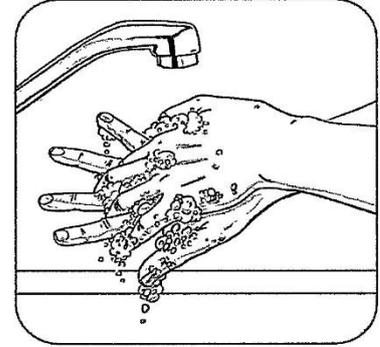
Lavage des mains avec du savon



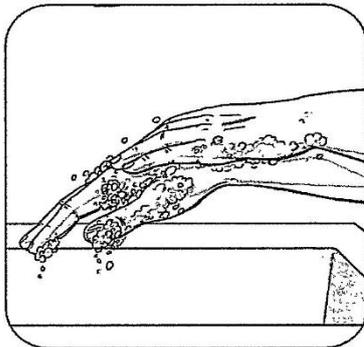
1/ Mouiller abondamment
les mains.



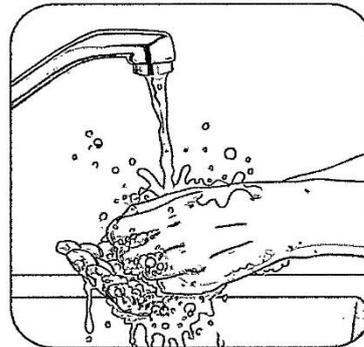
2/ Appliquer le savon et frotter
paume contre paume.



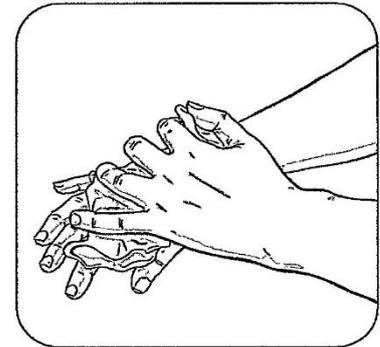
3/ Bien savonner entre les doigts
et sur le dos des mains.



4/ Frotter au moins 30 secondes
en insistant sur le bord
et le dos des mains,
la paume, les pouces,
les ongles et les poignets.



5/ Rincer abondamment.



6/ Essuyer et sécher les mains
à l'aide d'un papier
essuie-mains à usage unique,
refermer le robinet
avec le papier et le jeter.

© Franckle Alarcón



Appendix 3

**RECOVERY OF THE SOARING ACTIVITY
BEWARE OF DANGER!**

The expectation for an upturn increases and will be a great relief for our association and for all our community. This situation, which has never happened before, will with no doubts have a taste of « deprivation ending », or « frustration ending ». Getting back our freedom will be additional to a great euphoria, and according to the circumstances, slackness is not to be excluded.

Everybody will rapidly want to fly again and make up for the beginning of the season.

**« Deprivation ending – Freedom back – Euphoria – Slackness »
- BEWARE OF DANGER -**

Experience and safety studies have already shown that such a situation could be the cause of accidents, if good behaviors are not adopted.

So... don't go overboard!

- ☒ Resume slowly your activity!
- ☒ Question yourself and practices basic scales!
- ☒ Your instructors are here to guide you in resuming your activity!
- ☒ You like circuiting? Don't go on cross country with a knife between your teeth... performances can wait a bit!

BE GOOD! BE PROFICIENT!

John WHITERS - Chef-Pilote de l'A.A.V.A.

Régis KUNTZ – RSGS AAVA